

LICENSED PRACTICAL NURSING (LPN)

Adult Estimated cost: \$5,978.00

View brochure online at

<http://www.alc.vbschools.com/nursing.html>.

Compare us to others!

We think you will agree; a high-quality education from Virginia Beach School of Practical Nursing is one of the most affordable LPN Programs in Hampton Roads!

This is an 18-month program; open to high school seniors and adults. Day classes are held at the Virginia Beach Career and Technical Education Center, 2925 North Landing Road, Virginia Beach, VA.

You will learn in a state-of-the-art lab and on-site at hospitals for real clinical experiences. After the first nine months, you will have the opportunity to earn a Certified Nurse Aide certification. At the completion of the second nine months, students may take the NCLEX-PN Licensure Examination if eligible by the Virginia Board of Nursing.



Adult* Application Process for Fall Class of September 2018:

- Step 1: **Beginning in January 2018:** Pick up nursing program catalog and application at the Virginia Beach School of Practical Nursing, the Adult Learning Center, or online at <http://www.alc.vbschools.com/nursing.html>.
- Step 2: Application Deadline: May 1, 2018 by 3:00 PM. Submit application and required documentation to the Virginia Beach School of Practical Nursing, 2925 North Landing Road, Virginia Beach, VA 23456.
- Step 3: Sit for the ATI TEAS Entrance Exam (Exam fee: \$70. Exam will be scheduled upon successful completion of the application process.)

(Eligible students may receive financial aid through the GI Bill, VA Benefits, or Pell Grants.)

*High school students, please call 757-648-5889 for application information.



QUESTIONS ABOUT THE LPN PROGRAM?

CALL 757-648-5889

VBSNP is approved by the Department of Education of the Commonwealth of Virginia, the Virginia Board of Nursing and is accredited by the Accrediting Commission for Education in Nursing, Inc., 3343 Peachtree Rd NE, Suite 850, Atlanta, GA 30326. Information regarding fees, entrance requirements, school policies and regulations is subject to change as need dictates.

Learn About Our Exciting Healthcare Programs!

Medical Career Information Session at ALC

Wednesday, January 31, 2018, 6:00 PM to 7:00 PM

5100 Cleveland Street, Virginia Beach

Affordable Classes Externships Day/Evening Sessions Online Programs

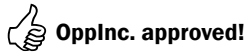
Registration is available only through: <https://goo.gl/forms/QDh0zq9nh3m4owKf2>.

Prerequisites—for All Medical Career Training Programs

1. 18 years or older
2. Fluent in English: speaking, listening, reading, and writing
3. Possess a high school diploma or GED® certificate, or a translated transcript and equivalency if you did not attend high school in the United States
4. No illegal drug use
5. No barrier crimes or felonies on background check
6. Proof of United States residency or citizenship (green card or American passport)
7. Good **physical health** including the ability to lift and carry up to 15 pounds, reach, and stand and walk for extended periods of time

PHARMACY TECHNICIAN

Cost & hours: \$1399/80 hrs + 60-hr externship



OppInc. approved!

Note: Price Updated
01/12/2018

3505 PHARMACY TECHNICIAN

This comprehensive 80-hour program will prepare students to work as a pharmacy technician in a retail or other pharmacy setting and to take the Pharmacy Technician Certification Board's PTCEB exam. Course content includes: pharmacy medical terminology, the history of pharmacy, the pharmacy practice in multiple environments, pharmacy calculations and measurements, reading and interpreting prescriptions, and defining drugs by generic and brand names. Through classroom lecture and hands-on labs, students will review dosage calculations, drug classifications, the "top 200 drugs," I.V. flow rates, sterile compounding, dose conversions, aseptic technique, the handling of sterile products, total parenteral nutrition (TPN), dispensing of prescriptions, inventory control, and billing and reimbursement. **PLEASE NOTE:** To be eligible for the externship, students must successfully complete the 80-hour program, submit to a thorough FBI background check, drug screening, immunizations and meet other requirements.

24 classes @ 3.5 hrs ea 8.4 CEU 101 CPE

3505-01 RA M, Tu & Th 9:00AM-12:30PM 2/26-4/26 Staff

3505-02 RA M, Tu & Th 6:00PM-9:30PM 3/5-5/3 Staff

Clinical Externships—Included in Some Programs

To be eligible for a clinical externship, students must successfully complete the 80-hour program, submit to a thorough FBI background check, drug screening, immunizations and meet other requirements. Externships are arranged through the course instructor.

PLEASE NOTE: The background check, drug screening fees, and immunizations are **not** included in your tuition cost and will vary depending on the testing location.

Need more Medical Career Training info?

Call 757-648-6050, ext. 64608

3507 PHARMACY TECHNICIAN STUDY GROUP

\$80

Need extra help understanding Pharmacy Tech concepts or just a review before taking the National Certification Exam? Review Pharmacy law and drugs with an emphasis on pharmacy math.

5 classes @ 2 hrs ea 1 CEU 12 CPE

3507-01 RA W 6:30PM-8:30PM 2/28-3/28 Lowenthal

3507-02 RA W 6:30PM-8:30PM 4/11-5/9 Lowenthal

PHLEBOTOMY TECHNICIAN

Cost & hours: \$1799/90 hrs

3533 PHLEBOTOMY TECHNICIAN

This Phlebotomy Technician Program prepares professionals to collect blood specimens from clients for the purpose of laboratory analysis. Students will become familiar with all aspects related to blood collection and develop comprehensive skills to perform venipunctures completely and safely. Classroom and lab work includes terminology, anatomy, and physiology; blood collection procedures; specimen hands-on practice; and training in skills and techniques to perform puncture methods. **PLEASE NOTE:** An externship is not included with this program.

26 classes @ 3.5 hrs ea 9.1 CEU 109 CPE

3533-01 RA M, Tu & Th 12:30PM-4:00PM 3/12-5/15 Staff

PATIENT ACCESS & REGISTRATION PROFESSIONAL

Cost & hours: \$1950/94 hrs

NEW! 3515 PATIENT ACCESS & REGISTRATION PROFESSIONAL

This comprehensive program will prepare students to handle patient encounters, patient customer service and other areas related to intake and the coordination of a patient's healthcare experience. This program covers important background information on the healthcare profession including interpersonal skills, patient confidentiality, medical ethics and law, medical terminology, basics of insurance billing and coding, telephone techniques, scheduling appointments, and medical records management. Additional key program topics include customer service, referral/transfer services, resource scheduling, patient check-in, admission, registration, revenue cycle and information systems, Statistical Reporting, customer satisfaction and retention, leadership and management, and other relevant topics. **PLEASE NOTE:** Students who complete this program would be eligible to sit for the National Healthcareer Association (NHA)-Certified Medical Administrative Assistant (CMAA) exam; the National Association of Healthcare Access Management (NAHAM) Certified Healthcare Access Manager (CHAM) or the Certified Healthcare Access Associate (CHAA) national certification exams—depending upon their professional experience level and other factors

27 classes @ 3.5 hrs ea 9.5 CEU 109 CPE

3515-01 LKMS M, Tu & Th 6:00PM-9:30PM 3/5-5/10 Staff

MEDICAL BILLING & CODING

Cost & hours: \$1899/80 hrs

3525 MEDICAL BILLING AND CODING

This combined 80-hour billing and coding course offers the skills needed to solve insurance billing problems, how to manually file claims (using the CPT and ICD-10 manual), complete common insurance forms, trace delinquent claims, appeal denied claims and use generic forms to streamline billing procedures. The course covers the following areas: CPT (Introduction, Guidelines, Evaluation and Management), specialty fields (such as surgery, radiology and laboratory), ICD-10 (Introduction and Guidelines) and basic claims processes for medical insurance and third party reimbursements. Students will learn how to find the service and codes using manuals (CPT, ICD-10 and HCPCS). **PLEASE NOTE:** AFTER OBTAINING THE PRACTICAL WORK EXPERIENCE (6 MONTHS TO 2 YEARS), students who complete this course could be qualified to sit for the American Academy of Professional Coders (AAPC)—Certified Coding Associate (CCA) exam; and/or other National Certification Exams.

24 classes @ 3.5 hrs ea 8.4 CEU 101 CPE

3525-01 LKMS M, Tu & Th 6:00PM-9:30PM 3/5-5/3 Staff

PHYSICAL THERAPY AIDE

Cost & hours: \$1299/70 hrs + 80-hr externship

3549 PHYSICAL THERAPY AIDE

This comprehensive 70-hour Physical Therapy Aide Program prepares students for the growing field of Physical Therapy. The Physical Therapy Aide is generally responsible for carrying out the non-technical duties of physical therapy, such as preparing treatment areas, ordering devices and supplies, and transporting patients, working under the direction of the physical therapist. Furthermore, these workers assist physical therapists in providing services that help improve mobility, relieve pain, and prevent or limit permanent physical disabilities of patients suffering from injuries or disease. Physical Therapy Aides may be employed in nursing homes, hospitals, sports rehabilitation centers and some orthopedic clinics. **PLEASE NOTE:** This program does not include a national or state certification as part of its overall objectives. To be eligible for the externship, students must successfully complete the 70-hour program, submit to a thorough FBI background check, drug screening, immunizations and meet other requirements.

20 classes @ 3.5 hrs ea 7.0 CEU 84 CPE

3549-01 LKMS M & W 6:00PM-9:30PM 3/12-6/4 Staff

MEDICAL ADMINISTRATIVE ASSISTANT

Cost & hours: \$1199/52 hrs + 40-hr externship



Opplnc. approved!

Note: Price Updated
01/12/2018

3520 MEDICAL ADMINISTRATIVE ASSISTANT

This 52-hour course prepares students to function effectively in many of the administrative and clerical positions in the health care industry. Medical Administrative Assistants, Medical Secretaries, and Medical Records Clerks are all positions in great demand. This program covers important background information on the medical assisting profession and interpersonal skills, medical ethics and law, medical terminology, basics of insurance billing and coding, telephone techniques, scheduling appointments, medical records management and management of practice finances. This program is intended to provide students with a well-rounded introduction to medical administration so that a student can gain the necessary skills required to obtain a medical administrative assistant position in the health care field. **PLEASE NOTE:** This program meets the necessary requirements to take the National Healthcareer Association (NHA)—Certified Medical Administrative Assistant (CMAA) exam. To be eligible for the externship, students must successfully complete the 52-hour program, submit to a thorough FBI background check, drug screening, immunizations and meet other requirements.

15 classes @ 3.5 hrs ea 5.3 CEU 63 CPE

3520-01 LKMS M & W 6:00PM-9:30PM 3/19-5/14 Staff

DENTAL ASSISTANT

Cost & hours: \$1399/60 hrs + 60-hr externship



Opplnc. approved!

Note: Price Updated
01/12/2018

3531 DENTAL ASSISTANT

The 60-hour Dental Assisting Program prepares students for entry-level positions in one of the fastest growing health care positions—Dental Assisting. The purpose of this course is to familiarize the student with all areas of pre-clinical dental assisting and provide training in the professional skills required to function as an assistant in the dental practice. This course covers the following key areas and topics—Administrative Aspects include: the history of dentistry and dental assisting; introduction to the dental office; the legal aspects of dentistry; policies and guidelines. Clinical Aspects include: introduction to oral anatomy; dental operator; dental equipment, introduction to tooth structure; primary and permanent teeth; the oral cavity and related structures; proper patient positioning; dental hand-pieces; sterilization; and other areas. In addition to entry-level administrative jobs, this course is ideal for students interested in pursuing a future formal Dental Hygienist program. **PLEASE NOTE:** To be eligible for the externship, students must successfully complete the 60-hour program, submit to a thorough FBI background check, drug screening, immunizations and meet other requirements.

17 classes @ 3.5 hrs ea 6 CEU 71.4 CPE

3531-01 RA M, Tu & Th 9:00AM-12:30PM 5/7-6/14 Staff

CLINICAL MEDICAL ASSISTANT

Cost & hours: \$2599/140 hrs + 160 hr externship



Opplnc. approved!

Note: Price Updated
01/12/2018

3536 CLINICAL MEDICAL ASSISTANT

This program will train students to assist physicians by performing functions related to the clinical responsibilities of a medical office. Important topics include phlebotomy, pharmacology, the proper use and administration of medications, taking and documenting vital signs, cardiology including proper lead placements, professional workplace behavior, ethics and the legal aspects of healthcare. This program includes 140 hours of classroom lecture and hands-on labs and a clinical externship opportunity at a local healthcare provider. **PLEASE NOTE:** Upon successful completion of this program, students would be eligible to sit for the National Healthcareer Association (NHA) Certified Clinical Medical Assistant (CMAA) national examination. To be eligible for the clinical rotation, students must successfully complete the 140-hour program, submit to a thorough background check, drug screening and meet other requirements.

40 classes @ 3.5 hrs ea 14 CEU 168 CPE

3536-01 RA M, Tu & Th 9:00AM-12:30PM 2/12-5/22 Staff

3536-02 RA M, Tu & Th 6:00PM-9:30PM 2/26-6/5 Staff

3537 CPR (HEALTHCARE PROVIDER)

\$103

This 2-year certification in Basic Life Support (BLS) for Healthcare Providers includes Adult and Child CPR, AED and CPR for Infants. BLS certification is required for many professionals, including personal trainers, nurses, and emergency medical personnel. AHA book included.

1 class @ 5 hrs 0.5 CEU 6 CPE

3537-01 RA F 12:30PM-5:30PM 3/30 Staff

3537-02 RA F 12:30PM-5:30PM 5/18 Staff

3538 FIRST AID

\$93

This First Aid 2-year certification course teaches critical skills needed to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) arrive. Learn how to treat bleeding, sprains, broken bones, shock, and respond to other first aid emergencies. You will receive a completion card valid for two years. AHA book included.

1 classes @ 2.5 hrs ea 0.3 CEU 3 CPE

3538-01 RA F 9:00AM-11:30AM 3/30 Staff

3538-02 RA F 9:00AM-11:30AM 5/18 Staff

3539 BLOODBORNE PATHOGENS CERTIFICATION

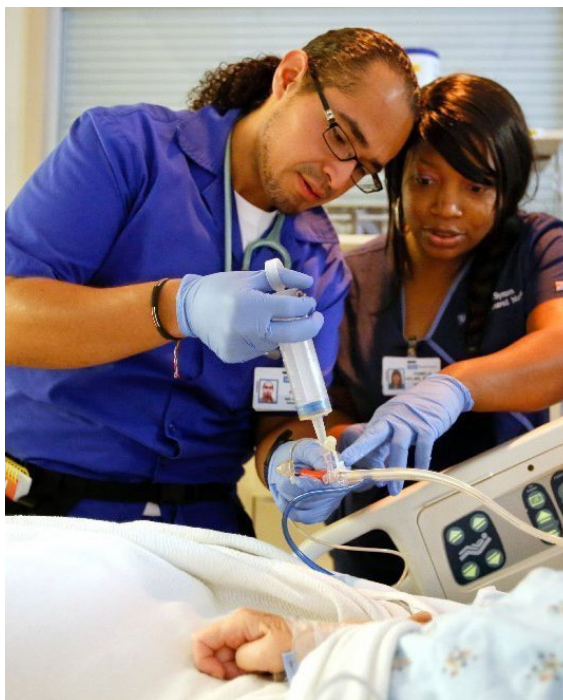
\$50

This Bloodborne Pathogens 1-year certification is designed to meet Occupational Safety and Health Administration (OSHA) requirements for personnel in manufacturing, hospitality, health and fitness, childcare, security, and other industries where this training is required. AHA book included.

1 class @ 1 hr 0.1 CEU 1.2 CPE

3539-01 RA F 8:00AM-9:00AM 3/30 Staff

3539-02 RA F 8:00AM-9:00AM 5/18 Staff



The Adult Learning Center is a partner with the Hampton Roads' Workforce Development System.

MANDATORY PREREGISTRATION REQUIREMENTS FOR CERTIFIED NURSE AIDE

1. Before registering you must call Tidewater Medical Training at 757-320-1780, ext. 1. Allow 15 minutes to complete the phone interview and to discuss any questions you may have.
2. You must have a Purified Protein Derivative (PPD) test (Tuberculosis test) or screening completed within 6 months of class start date.

CERTIFIED NURSE AIDE

Cost & hours: \$1074.00/95 hrs + 40-hr externship

3548 CERTIFIED NURSE AIDE

This nursing fundamentals course prepares the student to assess and provide for the basic physical and emotional needs of clients in all arenas of healthcare; prepares the student for the State Certification Examination to become a Certified Nursing Assistant. The clinical portion of the program is an opportunity for students to competently and safely transfer classroom theory into practice with instructor guidance and supervision. This course is required by the Virginia State Board of Nursing for Certified Nursing Assistants. **PREREQUISITE:** Please refer to mandatory preregistration requirements above. **PLEASE NOTE:** Students must wear a white uniform, white shoes and a watch with a second hand. 40-hour clinical externship starts when classroom hours end.

21 classes @ 4.5 hrs ea 9.5 CEU 114 CPE

3548-01 M through F 7:00AM-3:00PM 4/27-6/15 Staff

ALL classes are held at Tidewater Medical Training, 1300 Diamond Springs Rd, Suite 102, Virginia Beach VA, 23455.



ONLINE HEALTHCARE COURSES THROUGH HEALTH ED TODAY!

These online courses are highly interactive and provide students with an enriched learning experience. Each course includes 24-hour-a-day instructor support, course mentors, engaging labs, student exercises, videos, all textbooks, workbooks and student materials. Clinical externship opportunities and national or state certification are available for select programs. Students will find all the resources they need to succeed, including career building exercises, résumé writing tips, career mentors, interview techniques, and other skills training on a secure student website.

Clinical Medical Assistant–Tuition \$2,499

Dental Assisting–Tuition \$1,299

Dialysis Technician–Tuition \$1,299

ECG/EKG Course for Nurses–Tuition \$699

EKG Technician–Tuition \$1,299

Electronic Health Records Mgmt–Tuition \$1,299

Medical Administrative Assistant–Tuition \$1,299

Medical Billing & Coding–Tuition \$1,799

Medical Coding ICD-10–Tuition \$1,599

Medical Terminology–Tuition \$699

Pharmacy Technician–Tuition \$1,299

Phlebotomy Technician–Tuition \$1,299

Questions about Health Ed Today? Call toll free 1-888-963-5967. To try a course demo and learn more about these exciting programs visit: <http://www.healthedtoday.com/AdultLearning>.

Health Ed Today courses were developed through a partnership with leading education organizations including Pearson Education, E-College and Condensed Curriculum International.